

WEDNESDAY, AUGUST 1

Movie Night: *Sedona* – 7pm. A special movie presentation facilitated by Jeannie Hansen. Join for popcorn and to view this uplifting and thought provoking movie. Part of their Summer Discovery Series. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Info: 386-253-4201 or UnityDaytonaBeach.org.

FRIDAY, AUGUST 3

Big Latch On – Aug 3-5. 10:30am. A synchronized breastfeeding event in conjunction with World Breastfeeding Week Aug 1-7. Thousands of people and their babies/children across the world will gather in their own communities to take part in the Global Big Latch On. City Island Library, 105 E Magnolia Ave, Daytona Bch. BigLatchOn.org.

First Friday Art and Music Social – 7-9pm. Monthly open house and art show with live music, food, refreshments and more. Free. Sacred Strength Healing Arts, 300 Seabreeze Ave, Daytona Bch. 386-947-7941. SacredStrengthHealing.com.

SATURDAY, AUGUST 4

Talking Stick Circle and Pot Luck Dinner – 5-7:30pm. 1st Sat. Join for a Native American gathering to share ancient teachings, drum circle and stories. Bring a chair; a dish to share; family, friends and children are welcome. Donations accepted. Eloise Page Park (weather permitting)/Andrew Jackson Davis Bldg, Cassadaga. Info: 386-503-4930 or Rev.Judi.Weaver@gmail.com.

Endless Summer: A Group Exhibition – Aug 4-25. Opening reception: 4-7pm, Sat, Aug 4. Gallery hours: 10am-5pm, Tue-Fri; 10am-4pm, Sat. Free. ACA Downtown: Arts on Douglas, Feature Gallery. AtlanticCenterForTheArts.org.

THURSDAY, AUGUST 9

Hearts and Arts Event – 5-8pm. The second annual event is hosted by the Volusia County Women's Network celebrating local women artists in a variety of mediums. All proceeds will be donated to Family Renew Community. Appetizers by Amber's Jewel; complimentary wine, champagne, soft drinks, coffee and dessert; raffle drawings. \$10/advance, \$15/door. Venue Sponsor: Temple Beth El, 579 Nova Rd, Ormond Bch. Tickets: 386-9950 or ceo@Habitatgvc.org.

Yoga Nidra Guided Meditation – 6pm. With Laura Kraljev. \$10 donation. Sacred Strength Healing Arts, 300 Seabreeze Ave, Daytona Bch. 386-947-7941. SacredStrengthHealing.com.

FRIDAY, AUGUST 10

Healing Hands and Hearts Service – 6:30-8:30pm. 2nd Fri. With Reverend Judi Weaver and Linda Walsh. Join for divine energetic services that includes a deep guided meditation, crystal bowl sound healing. Certified healers will channel energies into the body, mind and spirit. Donations accepted. Unitarian Universalist Church, 56 N Halifax Ave, Ormond Bch. Info: 386-503-4930 or Rev.Judi.Weaver@gmail.com.

SATURDAY, AUGUST 11

Gala Days: Metaphysical Booth – Visit Mystical Expressions of Paradise, LLC, for a unique selection of metaphysical items and more at Gala Days on Stevens St across from the Hotel in Cassadaga. (Store location closed this day). 386-274-0038.

SUNDAY, AUGUST 12

Sunday Services – 9am & 11am. Rev Carmen Zappi delivers an inspiring and timely message. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. UnityDaytonaBeach.org.

Dances of Universal Peace – 1-3pm. Jemila and Mike Felisko lead these simple, meditative and spiritual dances to promote peace and love in our world. No experience or partner needed. Potluck meal afterward. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. UnityDaytonaBeach.org.

Shungite Workshop – 4-5pm. Karen Squillante, Certified Crystal Healer and Certified Life Coach, explains all about this amazing stone that comes only from Russia. Find out why the Russian people have been using this unique crystal for its healing and rejuvenating properties for hundreds of years. Free. Mama Gaia's Metaphysical Shop, 104 W Rich Ave, Downtown Deland. Preregister: 386-366-4385.

TUESDAY, AUGUST 14

Learn About Crystals – 5:30-6:30pm. Arrive early. Free gift with class. Donation. Mystical Expressions of Paradise, LLC, 1014 Reed Canal Rd, S Daytona. 386-274-0038.

WEDNESDAY, AUGUST 15

Learn About Grids – 5-7pm. With Max. Arrive early. Donation. Mystical Expressions of Paradise, LLC, 1014 Reed Canal Rd, S Daytona. 386-274-0038.

Beat the Heat Class – 7pm. Make a cooling neck wrap, a refreshing cool-down spray and more.\$25. Spice of Life Herbs, 214 W Beresford Ave, DeLand. SpiceOfLifeHerbs.net.

FRIDAY, AUGUST 17

Pranic Healing Workshop – Aug 17-18. 6:30-10pm, Fri; 9am-6pm, Sat. With Dr Valerie G Davis. Explore the pranic healing technology developed by Grandmaster Choa Kok Sui. Experience a simple meditation technique; explore Energetic Anatomy (11 chakra system); remove blockages; maintain and protect your energy; learn techniques for healing yourself and others. Pranic Healing and Holistic Medical Center, 516 S Orange St, New Smyrna Bch. 386-689-6868. Register: PranicHealingnsb.com.

SATURDAY, AUGUST 18

University of Central Florida Flying Horse Editions: The Art of Collaboration – Aug 18 - Nov 3. Gallery hours: 10am-4pm, Tue-Fri: 10am-2pm, Sat. Opening reception: 5-7pm, Fri, Oct 19. Free. Atlantic Center for the Arts Main Campus, Pabst Visitor Center & Gallery, 1414 Art Center Ave, New Smyrna Bch. Info: 386-427-6975.

Psychic and Mediumship Readings – 10am-6pm. With Psychic, Medium, Reiki Master, InnerSpeak Healer Joyce Palamer. Mystical Expressions of Paradise, LLC, 1014 Reed Canal Rd, S Daytona. Walk-in or RSVP: 386-274-0038.

Craft Play Day: Solar Light Lamp – 1-5pm. Come at your leisure to create a solar light lamp, paint a terracotta base to hold a solar light (solar light included). Receive a beverage of your choice (tea, coffee, lemonade, wine, beer or Margarita). \$15. Spice of Life Herbs, 214 W Beresford Ave, DeLand. SpiceOfLifeHerbs.net.

SUNDAY, AUGUST 19

Sunday Service and Spiritual Healing Concert – 9am, 11am & 1-3pm. Musician, songwriter and spiritual teacher Charley Thweatt brings his gifts of warmth, humor and presence to both services. Sunday afternoon Thweatt will present a spiritually healing concert titled “Letting It Fly,” blessing all who attend with his angelic voice. \$20/concert. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Info: 386-253-4201 or UnityDaytonaBeach.org. MusicAngel.com.

MONDAY, AUGUST 20

How to Take Your Power Back Workshop – 7-9pm. Presented by musician, songwriter and spiritual teacher Charley Thweatt, who brings his gifts of warmth, humor and presence for this life-changing workshop. Thweatt’s original songs include *You’re an Angel*, *Take Your Power Back* and *Dancers in the Light*. Love offering. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Info: 386-253-4201 or UnityDaytonaBeach.org. MusicAngel.com.

WEDNESDAY, AUGUST 22

Writing our Faith Lives – 4-6pm. Poet Laureate for Volusia County, M.B. McLatchey, will lead a poetry workshop that explores the link between faith and poetry. Workshop participants will explore how beliefs and values define us while trying their hands at various forms of poetry. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Preregister: 386-253-4201. Info: UnityDaytonaBeach.org.

The Karma Castle Grand Opening Celebration – 5:30-7:30pm. Come celebrate the grand opening of The Karma Castle, a new center for spiritual growth and intuitive development. 1437 N US Hwy 1, Ste C8, Ormond Bch. TheKarmaCastle.com.

SATURDAY, AUGUST 25

Morning Reiki Circle – 10am. All are welcome to join for a guided meditation, prayer circle, and reiki share. RSVP to ensure adequate seating. Parking is available in the fenced in lot. Free. Spice of Life Herbs, 214 W Beresford Ave, DeLand. SpiceOfLife Herbs.net.

Heart 4 Souls Spiritual Service – 4-5:30pm. 4th Sat. Speaker Reverend Judi Weaver. Join to celebrate all paths of faith leading to the same fruitful destination of enlightenment and grace of God. A gathering of inspiration, insight, music, guided meditation and healing energy in a loving community family. Donations accepted. Unitarian Universalist Church, 56 N Halifax Ave, Ormond Bch. Info: 386-503-4930 or Rev.Judi.Weaver@gmail.com.

SUNDAY, AUGUST 26

Reiki I Class – 9:30am-5pm. With Cheri Flauto reiki master/teacher. Learn the history of reiki and receive Reiki Level I attunements. Attendees will also learn how to confidently deliver effective reiki treatments for self, family, friends and pets. \$125 includes materials and lunch. Mind Body Soul, 821 Canal St, New Smyrna. Preregister: 386-410-2175 or MindBodySoulnsb.com.

Cleansing and Programming Crystals – 4-5pm. Certified Crystal Healer and Certified Life Coach Karen Squillante will share her knowledge on cleansing crystals and stones; what it means to cleanse them and why to do it. Also learn about programming your stones to be your allies. Mama Gaia’s Metaphysical Shop. 104 W Rich Ave, Downtown Deland. Preregister: 386-366-4385.

WEDNESDAY, AUGUST 29

Writing our Faith Lives – 4-6pm. Poet Laureate for Volusia County, M.B. McLatchey, will lead a poetry workshop that explores the link between faith and poetry. Workshop participants will explore how beliefs and values define us while trying their hands at various forms of poetry. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Preregister: 386-253-4201. Info: UnityDaytonaBeach.org.

plan ahead

SUNDAY, SEPTEMBER 9

Homemade/Handmade Drum Workshop – 4-5pm. Certified Crystal Healer and Certified Life Coach Karen Squillante will share how to make a handmade drum from materials found at any hardware store. Simple wood and plastic construction makes this a fun and simple project. \$20/person includes materials. BYO hammer. Drum circle afterwards. Pot luck refreshments. Mama Gaia’s Metaphysical Shop, 104 W Rich Ave, Downtown Deland. Preregister: 386-366-4385.

FRIDAY, SEPTEMBER 14

Pranic Healing Workshop – Sept 14-15. 6:30-10pm, Fri; 9am-6pm, Sat. With Dr Valerie G Davis. Explore the pranic healing technology developed by Grandmaster Choa Kok Sui. Experience a simple meditation technique; explore Energetic Anatomy (11 chakra system); remove blockages; maintain and protect your energy; learn techniques for healing yourself and others. Pranic Healing and Holistic Medical Center, 516 S Orange St, New Smyrna Bch. 386-689-6868. Register: PranicHealingsnb.com.

