

FRIDAY, JUNE 1

First Friday Art and Music Social – 7-9pm. Monthly open house and art show with live music, food, refreshments and more. Free. Sacred Strength Healing Arts, 300 Seabreeze Ave, Daytona Bch. 386-947-7941. SacredStrengthHealing.com.

SATURDAY, JUNE 2

Tiny Trekkers – 10-11am. Children ages 2 to 5 can take a short hike, make a take-home craft, and listen to the book *Duck & Goose Go to the Beach*. Lyonia Environmental Center, 2150 Eustace Ave, Deltona. RSVP: 386-789-7207 ext 21028. LyoniaPreserve.com.

Tarot Readings – 10am-4pm. \$20/15 min. Astrology readings (natal and compatibility). Walk-ins welcome. Mystical Expressions of Paradise, LLC, 1014 Reed Canal Rd, S Daytona. Appointments: 386-274-0038.

Past Perfect Exhibition and Sale – Jun 2-July 21. Opening reception: Sat, Jun 2, 4-7pm. Gallery hours: 10am-5pm, Tue-Fri; 10am-4pm, Sat. A rare opportunity to explore treasures from the past that will make perfect additions to your art collection. Free. ACA Downtown: Arts on Douglas, feature gallery. Info: ArtsOnDouglas.net.

Talking Stick Circle and Pot Luck Dinner – 5-7:30pm. Native American gathering to share ancient teachings and drumming circle. Bring a chair; family, friends and children are welcome; and a dish to share. Eloise Page Park/Andrew Jackson Davis Bld, Cassadaga.

TUESDAY, JUNE 5

Shop Rainbow Tuesday – 8am-8pm. Save 20% off all regularly priced items throughout the store. Debbie's Health Foods, 862 Saxon Blvd, Orange City. 386-775-7002; and 3850 S Nova Rd, Port Orange. 386-763-7046. DebbiesHealthFoods.com.

Learn to Play Singing Bowls – 5-7pm. Walk-ins welcome. Bring your own bowl or use one from the store. Mystical Expressions of Paradise, LLC, 1014 Reed Canal Rd, S Daytona. RSVP: 386-274-0038.

WEDNESDAY, JUNE 6

Introduction to Energy Healing – 7pm. A special presentation by Joanne Vogel. Part of their Summer Discovery Series. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Info: 386-253-4201 or UnityDaytonaBeach.org.

FRIDAY, JUNE 8

Healing Hands and Hearts Service – 6:30-8:30pm. Every 2nd Friday with Reverend Judi Weaver and Linda Walsh. Join for hands-on healing services along with a deep guided meditation. Highly trained healers will channel energies from the divine to heal the body, mind and spirit. Donations accepted. UU Church 56, N Halifax Ave, Ormond Bch.

SATURDAY, JUNE 9

Sixth Annual Open House – 10am-noon. DeLand Community Acupuncture will celebrate its six year anniversary with an open house with free treatments from 10-11:15am, and a celebration with lots of great food will follow. There will be raffles, rock painting, and origami making. Treatment packages on sale: 10 treatments for \$100. 245 N Woodland Blvd, DeLand. 386-626-1944.

Craft Play Day: Butterfly Peg Doll – 1-5pm. Come at your leisure to create a cute butterfly peg doll. Receive a beverage of your choice (tea, coffee, lemonade, wine, beer or margarita). \$15. Spice of Life Herbs, 214 W Beresford Ave, DeLand. SpiceOfLifeHerbs.net.

Reptile Adventures – 2-3pm. Learn about alligators and crocodiles during this classroom presentation. Afterward, participants can meet the center's resident reptiles. Lyonia Environmental Center, 2150 Eustace Ave, Deltona. RSVP: 386-789-7207 ext 21028. LyoniaPreserve.com.

SUNDAY, JUNE 10

Sunday Services – 9am & 11am. Rev Carmen Zappi delivers an inspiring and timely message. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. UnityDaytonaBeach.org.

Dances of Universal Peace – 1-3pm. Jemila and Mike Felisko lead these simple, meditative and spiritual dances to promote peace and love in our world. No experience or partner needed. Potluck meal afterward. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. UnityDaytonaBeach.org.

WEDNESDAY, JUNE 13

Tarot Readings – 4-8pm. \$20/15 min. Astrology readings (natal and compatibility). Walk-ins welcome. Mystical Expressions of Paradise, LLC, 1014 Reed Canal Rd, S Daytona. Appointments: 386-274-0038.

Create your Vision Board – 7pm. A special presentation by Lesa Lemonds. Part of their Summer Discovery Series. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Info: 386-253-4201 or UnityDaytonaBeach.org.

THURSDAY, JUNE 14

Keto Approach Seminar – 2-3pm. Feast, Fire Forever: How to Experience Mental Clarity, Greater Energy and Perfect Weight with the Keto Approach presented by Kristian Mommaerts. Ketogenic meal and dessert demonstrations by Chef Emily Mabe and Cody Allen. Debbie's Health Foods, 3850 Nova Rd, Port Orange. RSVP: 386-763-7046. DebbiesHealthFoods.com.

Yoga Nidra – 6pm. Guided meditation with Laura Kraljev. No yoga postures, just relax on the mat. Mats and props provided. \$10 donation. Sacred Strength Healing Arts, 300 Seabreeze Ave, Daytona Bch. SacredStrengthHealing.com.

SATURDAY, JUNE 16

Critter Corner – 10-11am. Stop by the LEC to meet the center's animal ambassadors. Staff will be available to answer questions. Lyonia Environmental Center, 2150 Eustace Ave, Deltona. RSVP: 386-789-7207 ext 21028. LyoniaPreserve.com.

Fibbage – 1-4pm. Join for a fun afternoon of Fibbage. All you need is a smart phone and some creative lies to tell. Play is free, beverages are at menu prices. Spice of Life Herbs, 214 W Beresford Ave, DeLand. SpiceOfLifeHerbs.net.

Mystical Expressions of Paradise Booth – 3pm doors open. Visit their booth at Hippy Fest. The store will be closed this day. Near the Peabody Auditorium, Daytona Bch. 386- 274-0038.

TUESDAY, JUNE 19

Learn About Astrology Readings – 6-8pm. Walk-ins welcome. Mystical Expressions of Paradise, LLC, 1014 Reed Canal Rd, S Daytona. RSVP: 386-274-0038.

WEDNESDAY, JUNE 20

Laughter Yoga – 7pm. A special presentation by Marilyn Caskey. Part of their Summer Discovery Series. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Info: 386-253-4201 or UnityDaytonaBeach.org.

Summer Solstice Class – 7pm. Make a flavorful seasoning rub, refrigerator pickles and Summer Solstice Incense sticks. \$25. Spice of Life Herbs, 214 W Beresford Ave, DeLand. SpiceOfLifeHerbs.net.

THURSDAY, JUNE 21

Paddle Board Excursion – With Jodi Ascherman. \$40 includes paddle rental. De Leon Springs. Info/RSVP: 386-947-7941. SacredStrengthHealing.com.

FRIDAY, JUNE 22

Solstice Musical Kirtan Event – 7:30pm. With Keith Molyneaux (multi-instrumentalist), Sean Richards and Jasmine on drums and vocals. \$10 donation. Sacred Strength Healing Arts, 300 Seabreeze Ave, Daytona Bch. 386-947-7941. SacredStrengthHealing.com.

SATURDAY, JUNE 23

Morning Reiki Circle – 10am. All are welcome to join in a guided meditation, prayer circle, and reiki share. RSVP to ensure adequate seating. Parking is available in the fenced in lot. Free. Spice of Life Herbs, 214 W Beresford Ave, DeLand. SpiceOfLifeHerbs.net.

Breathing for Health –1-2pm. With Summer Moore, LMT, ICYI. Learn simple breathing techniques with instruction and practice to increase cardiovascular health, clarity, and focus and to reduce stress. Please dress comfortably. Chairs and pillows are available or bring a yoga mat or meditation cushion. \$5-\$15 sliding scale. DeLand Community Acupuncture, 245 N Woodland Blvd. 386-626-1944.

Slithering Saturday – 2-4pm. Staff will provide an introduction to snakes, one of nature's most misunderstood reptiles. After the presentation, participants will meet several native and exotic species and learn about the important roles they play in the ecosystem. Participants can also view reptile artifacts. Lyonia Environmental Center, 2150 Eustace Ave, Deltona. RSVP: 386-789-7207 ext 21028. LyoniaPreserve.com.

Heart 4 Souls Spiritual Service – 4-5:30pm. Speaker: Reverend Judi Weaver. Join to celebrate all paths of faith leading to the same fruitful destination of enlightenment and grace of God; a gathering of inspiration, insight, music, guided meditation and healing energy and a loving community family. Donations accepted. UU Church 56, N Halifax Ave, Ormond Bch.

WEDNESDAY, JUNE 27

Ancient Healing Seminar – 6:30 pm Learn the secrets of a thousand year old healing technique that has now been modernized to help the imbalances of your life. Attendees receive 3 free gifts. Register today at HealingSecretsSeminar.com or call 386-410-4809.

Keys to a Vibrantly Healthy Long Life – 7pm. A special presentation by Rusty Gafney, acupuncture physician. Part of their Summer Discovery Series. Unity of Daytona Beach, 908 Ridgewood Ave, Holly Hill. Info: 386-253-4201 or UnityDaytonaBeach.org.

SATURDAY, JUNE 30

Creature Feature – 10:30-11:30am. Red-shouldered hawks are among Volusia County's most visible and vocal residents. Visit Luna, a red-shouldered hawk, and learn about the species' habitat and common behaviors and the importance of vision in their hunting and survival. Lyonia Environmental Center, 2150 Eustace Ave, Deltona. RSVP: 386-789-7207 ext 21028. LyoniaPreserve.com.

Animal as Metaphor: Family Art Journaling –1-3:30pm. Come play with colors, words, and images of animals. Enjoy this art journaling experience for yourself and your child or grandchild (ages 7 and up). Learn fun techniques and how to create an art journal spread around an animal that you relate to. \$10/adults, \$5/children, members/free. ACA Downtown: Harris House, 214 S Riverside Dr, New Smyrna Bch. Info/register: 386-423-1753 or Community@AtlanticCenterForTheArts.org.