

## ACUPUNCTURE PHYSICIANS

### ACUPUNCTURE, NUTRITION

Debra Gaffney, AP, PhD  
339 E New York Ave, DeLand  
386-734-4126  
AcuDebra.com

### & COMPLEMENTARY MEDICINE

Nutritional counseling, homeopathy, herbal medicine, and sensitivity elimination offered in a family practice clinic. They treat infertility needs to geriatric concerns. Acupuncture without needles is available for children in their special children's treatment room. *See ad, page 13.*

### ACUPUNCTURE & PAIN MANAGEMENT CENTER

You Chang Hu, DOM, AP  
Kunning Li, DOM, AP  
• 2135 S Ridgewood Ave, Daytona Beach  
386-760-2112  
• 50 Leanni Way, Palm Coast  
386-445-0098  
AcupuncturePainMgmt.com

Dr. Hu and Dr. Li are graduates of Traditional Chinese Medical Universities in China. They have practiced acupuncture and Chinese medicine for a combined 40+ years. *See ad, page 17.*

### DELAND COMMUNITY ACUPUNCTURE

MacKenzie Muir, AP.  
245 N Woodland Blvd, DeLand  
386-626-1944  
DeLandAcupuncture.com

They treat all conditions in a peaceful community setting with day and evening hours available. Affordable acu-puncture from \$15-\$35 per treatment, with a one-time, \$10 paperwork fee. You decide what you pay, no proof of income required.

### TURNING TIDE ACUPUNCTURE

Mary M. Magan, AP  
206 Mary Ave, New Smyrna Beach  
386-315-0338  
TurningTideAcupuncture.com

They treat mind, body and spirit with methods that include: Traditional Chinese Medicine, moxibustion, herbal medicine, massage, chakra clearing, and Family Constellation work. Your body deserves natural, proven, compassionate healing.

## ANGEL LIFE COACH

### PATRICIA ALTON

Angel Therapy Practitioner®  
Spiritual Life Coach  
386-873-2517  
Angel-Pathways.com

Channeled angel messages to heal and transform relationships, life purpose and health. Angelic mediumship, past life regressions, wise women gatherings, ordained minister. House blessings. Gift certificates available. *See ad, page 30.*

## BODYWORK

### THOMAS J FASONE, LMT, CPT

533 N Nova Rd, Ste 216  
Park Plaza Professional Center  
Ormond Bch • 386-846-3302

HandsOnTom@aol.com

Thomas Fasone is a Veteran massage therapist specializing in integrative therapy using techniques acquired over his 27 years in practice. Available techniques include Swedish, sports, shiatsu, craniosacral, myofascial, neuromuscular (deep tissue), positional release, Trager, reflexology, orthopedic, mind/body integrated massage and cupping. MM 38006. MA-14579.

## BOOKS • CREATIVE ARTS • GIFTS & MORE

### CASSADAGA BOOKSTORE

1112 Stevens St, Cassadaga  
386-228-2880  
Cassadaga.org

Open Monday-Saturday, 10am-6pm and Sunday, 11:30am-5pm. We're so much more than a bookstore with: books, CDs, DVDs, rocks, crystals, gems, jewelry, figurines, lamps, oils/aromatherapy, incense, sage and Native American items. Ask about personal readings, historical tours, Saturday night orb tours, and gift certificates. *See ad, page 30.*

### MAMA GAIA'S MYSTIQUE

### BOUTIQUE

104 W Rich Ave, DeLand  
386-366-4385  
MamaGaias.com

A metaphysical boutique for the mind, body and spirit. Over 140 varieties of stones, crystals, specimens, books, incense, tarot cards, gemstone jewelry, essential oils, smudging supplies, pendulums and more.

### MYSTICAL EXPRESSIONS OF

### PARADISE, LLC

1014 Reed Canal Rd, S Daytona  
386-451-8373  
386-274-0038

Open 10am-4pm; closed Thurs & Sun or by appt. Experience a unique store of rocks, crystals, sage, sage blends, incense, singing bowls, pendulums, runes, jewelry, beads, salt lamps, chaga and more. Readings: tarot readings and astrology charts. Coming soon: salt room and classes. Follow us on Facebook.

## CAFÉ – JUICE BAR

### SUPERFOODS CAFÉ & JUICE BAR

515 Canal St, New Smyrna Beach  
386-402-7825  
theFamilyNutritionStore.com

Featuring daily lunch specials including vegan, paleo, and gluten-free soups made daily from all organic ingredients. Cold-press juices, three-, five- and 10-day cleanses available. Doctor formulated protein smoothies, and create-your-own smoothies with a variety of fruit bases and supplements. Call for daily specials. *See ad, page 9.*

## CBD PRODUCTS

### NEURO-ENDOCEUTICALS

Available at Select Retailers  
407-595-4594  
Info@NaturalHempExtracts.com  
NaturalHempExtracts.com

Our hemp oil has true zero THC, enhanced with CBG (cannabigerol) and is full spectrum (opposed to isolate) USA grown hemp. 100% natural organic farming practices; non-GMO, no residual solvents, no pesticides and no heavy metals.

## CHIROPRACTIC

### BE WELL CHIROPRACTIC

@Healing Zone

515 Canal St, New Smyrna Beach  
386-402-8997  
BeWellnsb.Com

Drs. Wendy and Christian Edwards are dedicated to providing holistic patient-centered care to the community. They also offer many health-related educational opportunities. *See ad, page 9.*

## COLONIC CLEANSING

### BEACHSIDE COLONICS

- 73 W Granada Blvd, Ormond Beach  
386-760-0035
- 635 Primera Blvd, Lake Mary  
407-333-1059

Lidia is a healthcare practitioner whose focus is to empower you with the information you need to meet your health goals. Offering colonics and ionic footbaths, Lidia specializes in detoxification, which allows the body to reduce toxicity/congestion, reducing inflammation and allowing the body to become balanced. MA46199.

## COUNSELING SERVICES

### CONSTANCE L. DEMPSEY, LMHC

595 N Nova Rd, Ste 114  
Ormond Beach • 386-569-1209  
ConstanceDempsey-Counselor.com

Experiencing depression, anxiety, self-esteem issues? Life experiences with CBT and creative arts therapy are the tools used for healing. Let's begin the journey together for a better you.

### GET OFF THE COUCH

#### COUNSELING, LLC

Kim Devine, LCSW  
2561 Moody Blvd, Ste 2, Flagler Bch  
386-627-8156  
GetOffTheCouchCounseling.com

Traditional therapy is not for everyone, which is why I offer walk/talk therapy sessions and utilize our local natural settings for a more free-flowing active approach. I provide safe and supportive counseling to adolescents and adults facing a variety of issues. *See news brief, page 6.*

## DENTIST

### DR. STEVEN CHAMBERLAIN, DMD

2727 N Atlantic Ave, Ste 12  
Daytona Beach • 386-677-8466

We offer biological dentistry, safe mercury removal protocols, biocompatible materials, detox programs, one-appointment porcelain crowns, veneers with whole-family progressive dentistry. For more information, visit [iaomt.org](http://iaomt.org).

### HOLISTIC DENTAL HEALTH CARE

#### GEORGE W. EDWARDS, DMD

541 N Palmetto Ave, Sanford  
407-322-6143 • [HolisticDentalHealth.com](http://HolisticDentalHealth.com)

#### DAVID W. EDWARDS, DMD

Holistic dentistry focuses on whole-body wellness that starts with the mouth. We are dentists who perform dentistry that is good for the body, as well as the teeth and gums. *See ad, page 15.*

### CLAIRE STAGG, DDS, PA

Indian Harbour Beach  
321-777-2797

SmileProfessionals.com

Comprehensive Mercury-free Dentistry. Advanced Non-surgical TMJ, Snoring and Sleep Breathing Disorders Therapy, Head, Neck and Facial Pain Treatment, Non-extraction Orthodontics, and Smile Makeovers.

## DERMATOLOGY – HOLISTIC

VALERIE G. DAVIS, M.D.

504 S Orange St, New Smyrna Beach

386-423-2218

DavisDerm.com

Valerie G. Davis, MD, has practiced dermatology in New Smyrna Beach, Florida for almost thirty years. The practice integrates holistic dermatology in the forms of homeopathy, herbal medicine, and energy medicine. Her latest fields of study are ozone therapy and stem cell medicine. Davis also practices and teaches Twin Hearts meditation and Pranic healing at the Pranic Healing Center next door to her office. *See ad, page 29.*

## ENERGY HEALING

PRANIC HEALING CENTER

516 S Orange St, New Smyrna Beach 386-689-6868

PranicHealingNSB.com

Free de-stressing meditation and energy healing sessions every Wednesday at 6:30pm. Dr. Valerie Davis teaches Twin Hearts meditation and pranic healing. Also, on first Wednesdays attend a free lecture on Pranic healing. *See ad, page 29.*

## FITNESS CENTER

BODEZ BY TASSO

1140 W Granada Blvd

Ormond Beach, FL 32174

Bodezfitness.com

386-672-6464

Bodez by Tasso has an elite staff of trainers and customer service representatives ready to help improve your health and quality of life. Personalization and supervision is what sets Bodez apart from other fitness centers. Tasso and his staff strive to insure your fitness goals are met. Hours: 5:30am-8pm, Mon-Fri; 7am-2pm, Sat. *See article, page 10.*

## GRAPHIC DESIGN/ ILLUSTRATION

MY ART DEPARTMENT

Wendy Wilson

386-775-7275

LoveToDrawW@gmail.com

Custom logo design, business cards and graphic layout, and illustration created just for you. Tutoring is available for beginners in Photoshop. Visit us on FaceBook.

## HEALTH FOODS

DEBBIE'S HEALTH FOOD

• 862 Saxon Blvd, Orange City

386-775-7002

• 3850 S. Nova Rd, Port Orange

386-763-7046

DebbiesHealthFoods.com

Open Monday-Friday, 9am-7pm; Saturday, 9am-6pm; Sunday, Noon-6pm. Receive 20% off entire stock, not including discounts and sales on Rainbow Tuesdays, first Tuesday of every month. Meet our knowledgeable, friendly staff. *See ad, pages 2 and 20. Text Debbie to 55678 to join our Savings Club.*

#### DELAND NATURAL MARKET

933 N Woodland Blvd, DeLand  
386-736-7919

Open Sunday, 10am-5pm; Monday-Friday, 9am-6pm. Store and deli closed on Saturdays. Deli features organic and gluten-free hot entrees, wraps, salads and smoothies.

#### FAMILY NUTRITION/HEALING ZONE

515 Canal St, New Smyrna Beach  
386-402-7825

TheFamilyNutritionStore.com

Receive 20% off on only the highest quality vitamins, supplements, herbs, essential oils, homeopathic remedies, natural foods, personal care and pet products offered. Free delivery Thursdays. *See ad, page 9.*

#### HEALTH FOODS FOR LIFE

Bob Lewandowski, LNC  
122 E Rich Ave, DeLand  
386-734-2343

Open Monday-Saturday, 10am-5pm. Bob has been in business more than 39 years with specialties including: non-allergenic foods, energizing weight reduction, organic skin care, herbs and vitamins. Licensed Nutritional Counselor. #0000177.

#### HEATH'S NATURAL FOODS

600 E Third Ave (S Causeway)  
New Smyrna Beach • 386-423-5126

Open Monday-Saturday, 8:30am-7pm and Sunday, 10am-5pm. Heath's offers natural products, herbs, vitamins and supplements, gluten-free, organic beer, wine, fresh produce, organic deli and more.

#### LOVE WHOLE FOODS

##### CAFÉ & MARKET

- 275 Williamson Blvd, Ormond Beach  
386-677-5236
- 1633 Taylor Rd, Port Orange  
386-767-6543

LoveWholeFoods.com

Open Monday-Friday, 9am-7pm; Saturday, 9am-6pm and Sunday, 11am-5pm with friendly, knowledge-able staff. Get involved in your community, shop local and support organics. Save more with our "Get Healthy, Get Rewarded" program.

#### NATURE'S GARDEN NATURAL

##### HEALTH FOODS

2405 Enterprise Rd, Orange City  
386-774-1222

Open Monday-Friday, 10am-6pm; Saturday, 10am-5pm. Quality vitamins, minerals, herbs, body building and dietary supplements, personal care, children and pet products, essential oils, books and mail-order available. 20% discounts every day.

### HERBS – HOLISTIC

#### SPICE OF LIFE HERBS

214 Beresford Ave, DeLand  
386-734-0035

SpiceOfLifeHerbs.net

Open Wednesday-Friday, 11am-5pm; Saturday, 11am-7pm. We offer herb and vegetable plants, dried herbs, organic teas, Tea Forte, essential oils, skin care products, gemstones, jewelry, incense, oracle and tarot cards, books, CDs, dragons, fairies, reiki sessions and holistic classes. Read our newsletter and Calendar@SpiceOfHerbs.net. Like us on Facebook.

### HOLISTIC HEALING

#### BEACHFRONT INN & HOLISTIC SPA RETREAT

1104 S Oceanshore Blvd, Flagler Beach

386-439-4944

Relax and reconnect with your inner self by the sea. Select acupuncture, chakra balancing, reiki, life coaching, Emotional Freedom Technique, energy clearings, yoga and more. Follow our Facebook page for current events. *See ad, page 17.*

HEALING ZONE 515 Canal St, New Smyrna Beach

386-402-7825

TheFamilyNutritionStore.com

Open Monday-Friday, 8am-6pm; Saturday, 8am-5pm. The Healing Zone offers New Smyrna Beach locals and visitors a unique all-in-one wellness center that features: chiropractic care, clinical nutritional counseling, massage therapy, healing sessions, functional medicine, super foods juice bar, and a fully stocked health food store with gluten-free and specialty products. *See ad, page 9.*

MARGO KING, PHD, DN

Debbie's Health Foods

Port Orange • 386-763-7046

Orange City • 386-775-7002

DebbiesHealthFoods.com

Dr. Margo King is board certified by the American Alternative Medical Association and practitioner member of the American Holistic Health Association. Available for personal nutritional counseling. *See ad, page 2.*

## HOMEOPATHY

FRANCINE KANTER, RSHOM, CCH

212 Chelsea Place Ave, Ormond Beach

754-484-7988

frKanter@aol.com

fKanterHomeopath.com

Homeopathy is an alternative medicine that stimulates the body's natural immune system. Homeopathic remedies are completely safe, and can be prescribed to anyone from babies to the elderly, infirm and pregnant women with no danger or side effects. If necessary, homeopathic remedies can be taken in combination with conventional medications. Homeopathy relieves PMS, hot flashes, ADD, ADHD, depression, anxiety, acne, psoriasis, eczema, herpes, insomnia, digestive problems, recurring colds and flu's.

## HYPNOTHERAPY

JERALD COOPERSMITH, CCHT

Flagler Hypnotherapy

50 Cypress Point Pkwy, B-1 Palm Coast

386-283-4180

FlaglerHypnotherapy.com

Certified clinical hypno-therapist specializing in smoking cessation, weight loss, life mastery – creating and manifesting/career guidance, parts therapy, and childhood regressions.

PATTY JAFFE, CCHT

Clinical Hypnotherapy & Life Coaching

3959 S Nova Rd, Ste 10, Port Orange

443-871-2063 • JaffeHypnoCoach.com

Certified clinical hypnotherapy for pain/symptom management, phobias, habits, emotional difficulties, weight release, smoking release, age regression, past-life regression, life-between-life regression, manifesting, individual and couples coaching.

## INSURANCE

GREAT FLORIDA INSURANCE

Cal Seibert, Agent

411 Dunlawton Ave, Port Orange

386-256-4812

Each location is independently owned and operated.

Say goodbye to high insurance rates. Contact us for quotes on auto, home, condo, renters, boat, motorcycle, dwelling and flood insurance. Experience

personalized service. **SR22** and **FR44** policies available.

## LIFE/HEALTH COACHING

### CHERI FLAUTO

Whole Life Coach, Hypnosis  
Life and Health Coaching  
Mind Body Soul NSB & Lake Mary  
407-401-0890 • CheriFlauto.com

Cheri Flauto is a Certified Whole Life Coach. Her passion is to empower those who are ready to take charge of their life's journey. She believes that once we take personal responsibility for our lives, we free ourselves to do, be and create anything and everything that we desire.

## LODGING

### BEACHFRONT INN & HOLISTIC SPA RETREAT

1104 S Oceanshore Blvd, Flagler Beach  
386-439-4944 • WhiteOrchidInn.com

Recipient of Trip Advisor Certificate of Excellence. Amenities include heated mineral pool, swimming pool, full breakfast, afternoon wine & appetizers, beach chairs, bicycles, high-speed wifi. Holistic healing and spa services on site. *See ad, page 17.*

## MASSAGE

### ANGELA SHAFFER, LMT

10 Dogwood Trail, Ste D, DeBary  
386-848-5528

Licensed massage therapist, certified RNR™ practitioner, (Reconnecting Neuromuscular Responses). Therapeutic Swedish, sports, and RNR™ massages, outcalls, chair and couples massages available. Also taking appointments at the Volusia Center for Complementary Health, 339 E. New York Ave, Deland, FL. Call or text for appointment. MA40442.

### THERAPY MASSAGE

Julie Liu, LMT, #MA 82980  
235 St Joe Plaza Dr  
Palm Coast • 386-597-3311  
TherapyMassage.Business.Site

Professional Chinese acupoint massage can effectively relieve all kinds of physical pain and stiffness including sciatica, shoulder and neck stiffness, headache, lower back pain and pregnancy fatigue. This modality can also promote the body's blood circulation and strengthen the lymphatic system's detoxification function. Receive \$5 off your first scheduled appointment. *See ad, page 24.*

## MEDICAL MARIJUANA

### WALK-IN MEDICAL MARIJUANA CLINICS

100 S Spring Garden Ave, Deland  
386-232-5599  
730 W State Rd 434, Longwood  
407-755-0012

Certified marijuana doctors. Get your medical marijuana card. Medical marijuana treats more than 250 medical conditions such as: chronic pain, PTSD, cancer, seizures, epilepsy, Parkinson's, MS, HIV/AIDS, Crohn's, IBS, glaucoma, fibromyalgia, lupus and more. No appointment required. *See ad, page 25.*

## MEDIUM

### CARL SEAVER

386-233-3444  
Carl@CarlSeaver.com  
CarlSeaver.com

Carl Seaver is an international psychic medium. His calling to become a medium has led him on an inspired journey to be the voice for our departed

loved ones, as they lovingly remind us of their continuation of life after death, that they are not alone or suffering, and that they are still very much a part of our lives, even after they are gone from our sight. Services include 1:1 private mediumship sessions, psychic readings, mediumship demonstration events (with audiences), private house parties, and psychic/mediumship development classes. All sessions are by appointment and are as effectively done over the phone as in person. *See ad, page 32.*

## PEST CONTROL NATURAL

### NATURALLY GREEN PEST SOLUTIONS

PO Box 354591, Palm Coast, FL, 32135  
386-237-9663  
NaturallyGreenPest.com  
Info@NaturallyGreenPest.com

Offering pest solutions for your home and lawn with a natural focus. Unwanted pests in your home can negatively affect your family's health and your peace of mind. Eliminate them with a program you can feel good about.

## PET SUPPLIES

### BARKLE N SHINE

1370 N US Hwy 1, Ste 201, Ormond Beach  
386-256-4999  
BarkleNShine.com

All dog lovers welcome to come and pamper your pet without getting you or your bathroom soaked at our beautiful self-serve dog wash facility. Lavender diffused, state-of-the art grooming salon features quality shampoo, ramped tubs and full-service grooming appointments. Also offering doggy daycare and home pet sitting. *See ad, page 20.*

### BULL RUN FARM SUPPLY

1020 N US Hwy 1, Ormond Beach  
386-672-2735  
BullRunFarmSupply.com

Full-service pet store. Large selection of holistic treats and certified organic pet products, toys, beds, flea control products and natural flea control for home and yard. Great selection of livestock feed for horses, cattle, poultry and more, also carrying several varieties of hay. *See ad page 21.*

## REFLEXOLOGY

### INNATE INDIVIDUALITY

Beverly Wells  
CN, Dip.H.Ir, MifHI, LMT  
386-847-3771  
BeverlyWells@gmail.com

Partner with wellness advocate and stress reduction specialist Beverly Wells to tap into your innate potential for nourishing, balancing, and aligning your whole being. Wells is a master reflexologist with more than 20 years of facilitating this ancient art and science. Find Innate Individuality on Facebook, to see a list of services. MA #57599

## SALON/SPAS

### BEACHFRONT INN & HOLISTIC SPA RETREAT

1104 S Oceanshore Blvd, Flagler Beach  
386-439-4944

Connecting you holistically to nature's bounty of minerals and exquisitely scented plant extracts. Spa services include, reflexology, body treatments, wraps, facials, hands & feet. Massage services include Swedish, deep tissue, Japanese hot stone, couples, Lomi Lomi, Ayurvedic treatments and more. Packages may include spa cuisine lunch and use of our heated mineral pool. Follow our Facebook page for current events. *See ad, page 17.*

## SOLAR ENERGY

### SOLAR-FIT

Volusia • 386-441-2299  
Flagler • 386-445-7606

1523 Ridgewood Ave, Holly Hill



Solar-Fit.com

Relax and let the sun do the work for you. Solar-fitting your home or business is a smart, eco-nomical, and environmentally sound investment. We offer a wide range of options to make your home more energy efficient. We are making America energy-independent one home at a time.

## SPEAKER

CHERYL FLOYD, MA

Speaker/Facilitator/Life Coach

386-490-6621

CherylFloyd.com

Cheryl brings her experience as an educator, speaker, storyteller, personal coach and workshop facilitator to her programs. Enliven your business or organization gatherings. Schedule today. *See ad, page 26.*

## SPIRITUAL ADVISOR

MRS. NANCY SABINS

1102 E Moody Blvd

Bunnell, FL 32110

386-302-8918

Spiritual advisor, Palm and Tarot card reading. Life-coach, help in love, business and health. Recently relocated from Arizona. Call for appt.

REVEREND JUDI WEAVER

Channeled Spiritual Services

386-503-4930

Rev.Judi.Weaver@gmail.com

Judi Weaver is a crystal light healer and shamanic practitioner in Ormond Beach. Spiritual counsel-ing includes channeled messages from the divine, energetic healings and individual or group guidance. She is a certified healer through the IAM, designated Grandmother of the Talking Stick Circle in Cassadaga, author of *Guided by Your Light* and founder of Heart 4 Souls, Inc. which offers classes, workshops and gatherings. Call for an appointment. Follow Heart 4 Souls on Facebook.

## SPIRITUAL CENTERS

THE KARMA CASTLE

A Center for Spiritual Growth and

Intuitive Development

1437 N. US Highway 1, Ste C8, Ormond Beach

TheKarmaCastle.com

The Karma Castle is a center for anyone who is on a path of personal or spiritual growth, and for those wishing to move beyond their perceived, limited capabilities into a place of knowing that we are limitless. Classes, workshops and events include Psychic and Mediumship Development, Mediumship Demonstrations, Spiritual Healing, Guided Meditations, Psychic Fairs and more. The Karma Castle welcomes all levels of abilities, and honors the fact that everyone is on their own unique and individual spiritual path of growth and development. *See event brief, page 10 and ad, page 29.*

UNITY COMMUNITY CHURCH

Minister Rev. Nancy Saputro

1001 S Ridgewood Ave (US 1), Edgewater

386-481-0890

UnityCommunityChurch.com

Their Sunday service is at 11am. They also offer: classes, spiritual counseling, weddings, christenings, memorial services, home blessings, home/hospital visitations and prayer support. *See ad, page 30.*

UNITY OF DAYTONA BEACH

908 Ridgewood Ave, Holly Hill

386 253-4201

UnityDaytonaBeach.org

Please join us for Sunday services at 9am and 11am and stay for coffee, snacks and fellowship afterwards. Nursery services available for both services with full youth programs at 11am. Our vision: "Centered in God, empowered by Spirit, we celebrate an awakened world". *See ad, page 33.*

## SPIRITUAL HEALING

### SHANNON MACDONALD

Divinity Speaks, LLC

Ormond Beach • 386-233-3030

DivinitySpeaks.com

Shannon@DivinitySpeaks.com

Spiritual Healing is known to provide deep healing and relief on many levels including imbalances and dis-ease of the mind and body. An RN by trade, Shannon has successfully facilitated Spiritual Healing sessions for over 20 years in hospitals, hospice centers, and long- term care facilities. Healing sessions are found to be deeply relaxing, and are often reported to produce positive and effective outcomes related to physical and emotional pain or suffering. Spiritual Healing is for anyone (including your pets) and compliments all forms of traditional and alternative medical care.

## STEM CELL THERAPY

### NEO MATRIX MEDICAL

Dr. Mike Van Thielen, President/CEO

290 Clyde Morris Blvd. Ste D-1

Ormond Beach 32174

1-855-628-7495

NeoMatrixMedical.com

Stem Cell Therapy restores function and health without drugs or surgery. Stem Cells can repair and regenerate damaged connective tissue. Resolve your musculo-skeletal issues once and for all and take back your life. RSVP for free stem cell seminar. 386-246-7650. *See article, page 7 and ad, page 3.*

## STRUCTURAL INTEGRATION

### LAUREE MORETTO

#### SOFT TISSUE SPECIALIST

595 N Nova Rd, Ste 115, Ormond Beach

321-271-1678

LaureeMoretto.com

When You Want Results, Choose Experience and Education. Lauree Moretto is an advanced practitioner in soft tissue manipulation. Specialties include fascia, nerves, organ motility and scar reintegration. First session includes free assessment. MA20965.

## THERMOGRAPHY

### THERMOGRAPHY FOR LIFE

Sherry Albert, Certified Clinical Thermographer

Mobile Unit Serving Central Florida

352-346-2746

ThermographyForLife.org

Decrease your chances of detecting cancer in its earliest stages. No radiation breast thermography, no painful compression, pre-cancer/cancer detection, thermal imaging, non-invasive. FDA approved: breast scan, half body scan, full body includes breast. Visit website or call for current schedule. *See ad, page 24.*

## VETERINARIAN

### FLORIDAWILD

#### VETERINARY HOSPITAL

115 E Euclid Ave, DeLand

386-734-9899

FloridaWildVetHospital.com

FloridaWild provides compassionate and outstanding care for dogs, cats, birds and exotics. We are an integrative veterinary practice that offers acupuncture, ozone therapy and Traditional Chinese Medicine.

#### GENTLE PET PASSINGS

Dr. Gayle Burrell

Volusia / Flagler

386-279-8525 • GentlePetPassings.com

Saying goodbye to your beloved friend is a loving, but difficult decision. Spend those final precious moments with your pet in the comfort of their home surrounded by all that they love. *See ad, page 21.*

### WELLNESS

#### AMETHYST WELLNESS

Amy Coopersmith, ARNP

50 Cypress Point Pkwy, B-1 Palm Coast

386-283-4180 • AmethystWellness.com

Providing preventive health-care aimed at managing, preventing and curing illness and disease through lifestyle management, and aesthetic medical services, to help you feel more confident and true to yourself by achieving your desired physical appearance. *See ad, page 7.*

#### MIND BODY SOUL

Your Peaceful Sanctuary

821 Canal St, New Smyrna Beach

386-410-2175 • MindBodySoulnsb.com

Facebook.com/MindBodySoulnsb

Energy wellness center offering massage therapy, physio-therapy, Nalu Therapy, reiki, yoga, meditation, health and life coaching, hypnotherapy, and classes/workshops. Our goal is to help our clients achieve their optimum health by providing holistic services that encompass your mind, body and soul.

### YOGA

#### PADMA YOGA

Micki Higgins, E-RYT 500 YACEP

5 Utility Dr, Ste 15, Palm Coast

386-225-4733 • PadmaYogaOnline.com

Experience improvement in flexibility and strength in your body and also a calming of the mind and spirit reducing stress and anxiety in your daily life. Yoga for every body type and all ages. We are the only yoga studio in Palm Coast that is not hot. *See ad, page 32.*

#### SACRED STRENGTH HEALING ARTS

300 Seabreeze Blvd, Daytona Beach

386-947-7941 • SacredStrengthHealing.com

Experience energy work, yoga, qigong, mindfulness meditation, and so much more here at Sacred Strength Healing Arts. Start your mystical journey with us today.